

THE CLASS

Livestream Schedule: EST (UTC -4)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6AM	NATKUNZ 45MIN	NATALIA 45 MIN	MON 45 MIN	NATKUNZ 45 MIN	ERIN 45 MIN		
7AM	SCOTT 45 MIN	MARINA 45 MIN	SCOTT 45 MIN	AIMEE 45 MIN	CJ 45 MIN		
8AM	NATALIA 45 MIN	BROOKE 45 MIN	TIA 45 MIN	ERIN 45 MIN	TIA 45 MIN		
9AM	NATALIE 60 MIN	SOPHIA 60 MIN	SCOTT 60 MIN	MALLORY 60 MIN	KARLA 60 MIN	TARYN 45 MIN	NATKUNZ 60 MIN
10AM	KATE 45 MIN	BROOKE 45 MIN	SOEURAYA 45 MIN	TIA 45 MIN	KATE 45 MIN	SOPHIA 60 MIN	KARLA 60 MIN
11AM	TARYN 60 MIN	MARINA 60 MIN	SOPHIA 60 MIN	NATALIE 60 MIN	MALLORY 60 MIN	NATALIA 45 MIN	BROOKE 45 MIN
12PM	TIA 60 MIN	SAM 60 MIN	BROOKE 60 MIN	SOEURAYA 60 MIN	JAYCEE 60 MIN	AIMEE 60 MIN	CJ 60 MIN
1PM	SOPHIA 45 MIN	SCOTT 45 MIN	TARYN 45 MIN	SCOTT 45 MIN	MARINA 45 MIN	NATALIA 60 MIN	TIA 60 MIN
2PM	JAYCEE 60 MIN	NATALIA 45 MIN	MON 60 MIN	SAM 60 MIN	SOEURAYA 60 MIN	MON 45 MIN	KATIE 45 MIN
5PM	MALLORY 60 MIN	SOPHIA 60 MIN	HANNAH 60 MIN	SCOTT 60 MIN	AMANDA 60 MIN		
6PM	SAM 45 MIN	JAYCEE 45 MIN	AMANDA 60 MIN RESTORE	RAJ 45 MIN	RAJ 60 MIN		AMANDA 60 MIN RESTORE
7PM	AIMEE 45 MIN	RAJ 60 MIN RESTORE	CJ 45 MIN	AMANDA 60 MIN RESTORE			
8PM	SAM 60 MIN	MON 60 MIN	SAM 60 MIN	MON 60 MIN			

NOTE: While The Class strives for consistency each week, substitutions and cancellations are sometimes necessary. Need assistance? Email help@theclass.com

Last Updated: 04/26/22